



# CENTRAL *Chimes*

Volume 4 Issue 15

August 2, 2011

## **EACH SUNDAY**

### **Morning Light:**

8:30 am

### **Meet and Greet:**

9:30 am - FH

### **Sunday School:**

9:45 am

### **Traditional**

#### **Worship:**

11:00 am

### **Youth Group:**

6 pm

### **Youth Bible**

#### **Study:**

6:30 pm

### **Evening**

#### **Worship:**

7 pm

## **EACH WEDNESDAY**

### **Pastor's Study**

6:30 pm



## **“Retreat...or Vacate the premises?”**

Well, summer is almost over. Vacations have been scheduled and completed by the majority. Don and Terry, Beth and Logan have just returned from a little R&R at Myrtle Beach. Interesting word, “vacation”. To vacate, to get out, to move on, to retreat.

“Retreat” is a word that often comes to mind when I become somewhat dazed by the frantic movements of life, that constant buzz of the world around me. All of us know what it is like to get caught up in a whirlwind of activity. When the battle lines of day to day pressures become so blurred that I’m not sure where I am or what I should do next. During those moments I want to cry out “Retreat” or at least, “Dear Lord I need a break.”

Have you ever been there? Jesus has. We all know Jesus needed solitude from time to time, the gospels tell us about it. The crowds, the needs, the preaching, teaching, attending to the sick, the impoverished, the pressures of just being the Messiah had to be overwhelming for Him. Many evenings he sent his disciples on to the next destination while he stayed behind just to be alone...alone with God. Jesus knew that the demands of faithful living would often leave us fatigued both physically and spiritually, and we would need to recharge. That’s why at the very least we should take a day each week and rest (not mow, clean out the gutters or basement or anything else, but REST). The meaning behind the word Sabbath is “to CEASE or STOP”.

We also need to “retreat” or “vacate” from time to time. However, you need to be careful. Have you ever returned from a trip more exhausted than before you left? I have! Many of my adventures left me drained upon my return.

I discovered something nine years ago that changed my life. I went to Charleston, South Carolina by myself, with just a Bible, several devotionals and a journal. I went just to spend time with God alone. I needed to refocus, recharge and re-establish my priorities. What a week it turned out to be, the most restful experience of my life. I really need to set aside time to get in touch with God and myself. Every now and then we all need to get back to basics and put first thing first.

I want to suggest that what you may need most is a ‘spiritual vacation’ from your flurry of activities just to be with God. Have you ever had one? Three to seven days with nothing to do but rest and renew your relationship with your Lord. No preconceived agenda or list of things to do...just spending time with the One who knows your needs and how to meet them. I encourage you to seriously consider it. If you decide to go, let me recommend several authors who are extremely gifted and able to communicate through their writings what it means to be God centered. Authors like Henri Nouwen, Richard Foster, Rueben Job, Max Lucado, John Wesley, Oswald Chambers, C.S. Lewis, and A.W. Tozer. Of course don’t forget your Bible. So why not get with it. Plan your own retreat; it might just be the greatest experience of your life.

*Mike*

## Record of Faithfulness

Attendance	7/24/2011	7/31/2011
Morning Light	116	97
Sunday School	155	155
11:00 am Worship	126	137
Evening Service	62	17
<b>Total Worship</b>	<b>304</b>	<b>251</b>

*"They gave not only what they could afford, but far more; and I can testify that they did it because they wanted to."  
II Corinthians 8:3*

### 2011 Operating Budget: \$458,203

	7/24/2011	7/31/2011
Needed YTD	264,360	273,172
Received YTD	241,797	247,567
Received Sunday	6,955	5,770
Building Fund	630	445
Designated Gifts	290	2,805

## Upcoming Volunteer Schedule

### Nursery, Sunday, August 7

Michael Aiken, Austin Dangerfield, Scott & Hunter Kincaid, Rob Caldwell, Travis Carter

### Nursery, Sunday, August 14

Shannon & Karla Rogers, Bobby & Barbara Alderman, Mary Simms, Brianna Hollins

### Meet and Greet, Sunday August 7

GYFT

### Meet and Greet, Sunday, August 14

Education Committee

### Acolyte, Sunday August 7

Breanna Hollins & Kenny Woods

### Acolyte, Sunday August 14 & 21

Keeleigh Cormany, Ashley Fisher



## PAGES CAMP MEETING

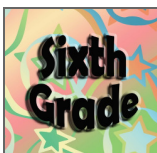
Mark your calendar, August 14-17, Pages Camp Meeting at Hickman Cemetery Rd. in Fairlawn. Resident Bishop James Swanson will preach each night at 7:00pm. A snack supper will be served each night beginning at 5:30pm by different groups for a donation.

## GOLF TOURNAMENT



The 14th Annual Camp Dickenson Four Man Captain's Choice Golf Tournament will be held at Draper Valley Golf Club on Wednesday, August 5, 2011 with a shotgun start at 1:00pm. Prizes will be given for first, second, and third place. Entry fee is \$280 per team and includes green fees, cart, a cookout lunch, beginning at 11:30am, including Pulaski Baseball BBQ, and soft drinks on the course during the round. For registration call the camp at 276-744-7241 or John Hawley at 540-980-7381. Hole prizes will be awarded on each hole. There will be a \$10,000 hole in one prize on #16 and hole in one prizes on the other par 3's.

## 6th GRADE PLANNING MEETING



There will be a planning meeting on August 11, at 7:00pm. This is for all upcoming 6th graders, youth council members, and anyone interested. We will be discussing the upcoming year.

*The FELLOWSHIP TEAM will meet on Sunday, August 7th at 6 PM in Room 111. Interested persons are encouraged to attend!*

## RADFORD CLOTHING BANK



Central Church staffs the Clothing Bank during the month of August. Help is needed for only TWO hours or more if you wish. Can you help any Thursday, Friday, or Saturday morning from 10:00 -

noon? Or any Thursday afternoon from 4:30 - 6:00? Call Jean UMBERGER, 639-2137, to schedule your time. Feel free to leave a message.

## COATS FOR KIDS



Whew! It's Hot! But cold weather will come again and we would appreciate your donation of in-good-condition children and teen coats, light jackets, and sweatshirts for the Radford Clothing Bank's Coats for Kids project in October. Donations are appreciated in July, and Cooks Clean Center will clean the coats for free of charge in August. That out-grown winter wear will find a good home: we appreciate your dropping the coats off at the Radford Clothing Bank, 2000 West Ave., near Bisset Park. There is a drop off box for after hours. For more information please call 633-5050

*Dear CUMC family, Thank you so much for hosting us on this past Sunday night. We had a wonderful time of fellowship. Thank you for listening as we shared our hearts about our upcoming move to Haiti and for your generous love offering. We ask for you continued prayers. God bless!*  
*Scott & April (Collins) Salvant, Jadon, Jeff, Caroline, David & McKenna*

**THANK  
YOU**

## PROJECT CROSSROADS



The week of August 7<sup>th</sup> Central has a mission team going to Marion, VA to work with Project Crossroads. Twelve youth and adults will be spending the week working to improving substandard housing here in Southwest Virginia. **Would you be willing to bake some cookies for the team to enjoy that week as they serve in Christ's name?** If so, please call Martha Kincaid at 639-6231. What a tasty way to show your love and support! Thank you!

*To Our Family at Central,*

*Words can never express how the outpouring of love from so many has uplifted our family. The hundreds who came to David's visitation and celebration service just overwhelmed us with support and a sense of peace. The many calls and visits, the abundance of food, and most of all your heartfelt prayers have helped sustain us during this time. We send our deepest gratitude to each of you. While we are assured of David's place with our Lord and Savior in eternity, we still miss him.*

*Marcy, Scott, Mandy, and Ashley*



The following memorial gifts have been given to the glory of God & in loving memory of:

***David Harless***

Rod Gustad  
Bill and Polly Goode  
Vince and Evelyn Clark  
Mary Heldreth  
Robert Richardson  
Rebecca Hendricks  
T.D. Dobbins  
Cindy Hamilton (US District Court)  
Gene Maynard  
Harold Bell  
Jeanie Daigre  
Patricia Helms  
Kathy and Spencer Hall  
Darrell and Janie Fisher  
Sarah Arthur  
Katherine Hale  
Sarah Brubaker  
Pairs and Spares Class

Tyler Kowcheck  
Alice Collier  
Anthony Harrell  
William King  
Cheryl Shull  
Sandy Hill  
Salem UM Church ASP Project  
Maynard Wiff  
Nancy Kidd  
Jerry and Pat Krebs  
Patricia Clemens  
Morris and Beulah Glenn  
Doris Morgan  
Janet Effler  
Elbert and Beth Cassell  
Bob and Gayle Miller



803 Wadsworth Street  
 Radford, VA 24141  
 540-639-3529- office  
 540-639-0182- fax

Non-Profit Organization  
 US Postage Paid  
 Radford, VA  
 Permit #17


www.centralmethodistchurch.com

Rev. Michael Carter -  
 mike@centralmethodistchurch.com  
 Rev. Don Shelor -  
 pastordon@centralmethodistchurch.com  
 Kathy Endraske -  
 office@centralmethodistchurch.com

RETURN SERVICE REQUESTED

**CARE CORNER**

**August 2 , 2011**

<p><b><u>Current Care</u></b>  <b>A new concern with-  in the last two weeks</b></p> <p><i>Harless Family</i></p> <p><i>Zach Villanueva</i>  (Tina Cox's nephew)</p> <p><i>Bill Goode</i></p> <p><i>Sherman Collins</i></p> <p><i>Sherril VanDyke</i></p> <p><i>Irvin Coffman</i>  (Sharon Taylor's Cousin)</p> <p><i>Wendy Downey</i></p> <p><i>Carolyn Hallett</i>  (Mike Dangerfield's aunt)</p>	<p><b><u>Prolonged Care</u></b>  <b>A concern that has  lasted between two  weeks &amp; a couple of  months</b></p> <p><i>Brian Taylor</i></p> <p><i>Becky Ritter</i></p> <p><i>Andrew Taylor</i></p> <p><i>Vivian Ellis</i></p> <p><i>Charlotte Leslie</i></p> <p><i>Bobby Abercrombie</i></p> <p>♥<i>Maddox Anderson</i></p> <p><i>Eloise Brown</i>  (Sharon Taylor's Sister)</p> <p><i>Bill Crowe</i></p> <p><i>Clyde</i>  (Carolyn King's father)</p> <p><i>Jan Wukich</i></p>	<p><i>Connie Hoover</i></p> <p><i>Jeff Lambert</i>  (Tina Cox's brother)</p> <p><i>Bob McNeel</i>  (June Hazelton's brother)</p> <p><i>Liz Mills</i></p> <p><i>Eddie Smallwood</i></p> <p><i>Betty Wilson</i>  (Connie Hoover's  sister-in-law)</p> <p><i>Juanita Grantham</i></p> <p><i>Christine Barton</i></p> <p><i>Brittany Carter-  Barrett</i></p> <p><i>Ida Brown</i>  (Karen Smith's  Grandmother)</p> <p>♥ <i>Indicates - a child</i></p>	<p><b><u>Constant Care</u></b>  <b>A concern that is  ongoing</b></p> <p><i>Walter Case</i></p> <p><i>Troy Hampton</i></p> <p><i>Mark Lynch</i></p>	<p><b><u>PRAY FOR OUR</u></b>    <b>MILITARY</b></p> <p><i>Ryan Haynes</i>  Georgia</p> <p><i>Kerry Keys</i>  Washington</p> <p><i>Isaiah King</i>  Hawaii</p> <p><i>Jordan King</i>  Iraq</p> <p><i>Parker  Simpson</i>  Iraq</p> <p><i>Scylar Woods</i></p>
---	--	---	---	--

Please contact the church office at 639-3529 or office@centralmethodistchurch.com to give updates, reports of recovery or to move into the next category.